

Parent Coordinator News

Honor. Excellence. Curiosity. Celebration

March 24, 2017



Be In The Know

- IT'S THAT TIME OF YEAR AGAIN...SURVEY TIME!!!**

Every year, all parents, teachers, and students in grades 6-12 take the NYC School Survey. The survey helps school leaders understand what key members of the school community say about the learning environment at each school. The 2016-2017 version of the NYC School Survey is aligned to the [DOE's Framework for Great Schools](#) and collects important information about a school's ability to improve student achievement and can support a dialogue among all members of the school community about how to make the school a better place to learn. This is your school, your voice matters!!!! Let us know what you love about our school, or how we can improve. Here's the fun part, simply return your survey or fill it out online and receive a ticket for a giveaway– A TABLET :) !!!! Good Luck



Dear Parent Coordinator,

My daughter wants to invite her friends over when I'm not home. Am I being unfair for saying no?

Sincerely,
Strict Dad

Dear Strict Dad,

I respect that you have rules and structure in your home. You know your daughter best. If you feel uncomfortable with children being there without you around, stick to your intuition. In the long run, she will thank you for caring.

Take Care,
PC



- It is with pride and sadness to inform you that our “ Tall Principal” Mr. Ben Sherman will be moving on with his career. Mr. Sherman has been asked to become Principal at Forest Hills High School effective immediately. Mr. Sherman founded East– West in 2006. The school has grown from being a small staff of 10 teachers and 150 students to a vibrant community of 683 students and 70 staff members. I speak for everyone when I say THANK YOU Mr. Sherman. Thank you for bringing out the best in all of us. You created a wonderful culture here at East– West . Your dedication and your unwavering commitment to our school is very much appreciated. You are East– West .You embody everything we believe in; Honor, Excellence, Curiosity, Celebration. Thank you for encouraging us and laying down a foundation filled with growth and trust. We are here cheering for your success. It’s not goodbye... It’s see you later.
- East-West has been selected to go and see Hamilton!!! That’s right the 11 Tony Award winning musical, HAMILTON! We received 35 tickets for the April 19th 2pm show. In addition to enjoying the show, students have the opportunity to meet the cast during a Q&A. The students on the trip are currently working on completing a major project for the Gilder Lehrman Institute, the organization that has provided the tickets. They must create their own performance piece. These students have been coming in early on select days to complete aspects of the project. Thank you to Ms. Gorry, and Ms. Marinos for making this happen.
- Who’s ready for March Madness?!! East– West Student Government presents 3 vs 3 Basketball Tournament...STUDENTS vs STAFF!! Please join us all are welcomed to attend, Tuesday March 28th in the Gym from 2:30 p.m.– 6:00 p.m. The agenda of events is as follows:

- ⇒ 2:30-3:00- Skills competition: layups
- ⇒ 3:00-3:30- Skills competition: foul shots
- ⇒ 3:30-4:00- Skills competition: 3 point shot
- ⇒ 4:00-5:30- 3 vs 3 basketball event
- ⇒ 5:30- 6:00- Staff vs students basketball game.

Good Luck, hope to see our families there cheering everyone on!

- Middle School ELA testing will be March 28th– March 30th. Please make every effort to make sure your child gets plenty of rest, has a healthy breakfast and is on time and in attendance . Test anxiety is real. Some signs include:
- sweaty palms
- feeling hot or cold
- headaches
- nausea
- feeling faint
- sleepless nights
- frequent tears or excessive crying
- feelings of anger and/or helplessness
- irritability
- becoming easily frustrated

These tips will help them overcome test anxiety:

- Create and maintain a routine at home that will help children to be well rested during regular school days as well as during the week of testing.
- Talk with your children and encourage them to do their best.
- Be well prepared for a test - avoid cramming - help your children develop good study habits and good test taking skills.

- Summer in the City is your child's chance to take part in exciting summer learning. Students who participate in the New York City Department of Education's summer enrichment have access to:
- New curriculum
- College-level and STEM-oriented programming
- Sports activities
- Educational visits to museums, zoos, parks, and libraries

These programs are not just fun, they teach students academic and life skills that will help them succeed in the next school year and beyond. For your guide to summer in the city click here: http://schools.nyc.gov/NR/ronlyres/65721B9B-E6AF-442D-A962-0EC08866DB0C/0/SITC2017FamilyGuidetoSummerEnrichment_English.pdf

http://schools.nyc.gov/NR/ronlyres/3A86156B-E502-4F16-941C-1652B1114CB0/0/SITC2017FamilyGuidetoSummerEnrichment_Chinese.pdf

http://schools.nyc.gov/NR/ronlyres/12FEA46D-4DC9-45AD-A4D0-C559304F1383/0/SITC2017FamilyGuidetoSummerEnrichment_Spanish.pdf

- Students Can Apply Now for Exciting Science and STEM Programs this Summer! Pre-K through grade 12 students can apply now to attend exciting science and STEM programs being offered this summer at the NYC Department of Education's Environmental Study Center and NYC Center for Space Science Education, the Bronx Zoo, Central Park Zoo, Intrepid Sea, Air & Space Museum, Museum of the City of New York, New York Aquarium, Prospect Park Zoo, Queens Botanical Garden, Queens County Farm Museum, Queens Zoo, Staten Island Museum, Staten Island Zoo, and SUNY Old Westbury. Programs feature 1-week camps, high school internships, and a 4-week college credit bearing course. Application deadline is Friday, April 28. For more information visit— <https://custom.cvent.com/C3F9BAB6DD424A9FB19D310FDED592AF/files/623602f1e5414d02a16c7ef7a02f9aff.pdf>
- There are a lot of exciting things happening here at East– West! Save the Date:
- 3/28– Staff vs Student Basketball Tournament
- 4/5– SAT/PSAT School day
- 4/4-4/15- China Trip
- 4/25 –Student Government Blood Drive
- 4/26– Girl Talk Hosts– School Dance “ Spring Fling”
- 4/28– College Trip for 9-11 Graders
- 5/11 -Spring Festival

A day in the life of an East-West staff member...

What is your name? Mara Markinson – Math Teacher/

What does a typical school day look like for you? I start off each day teaching a double period class of AP calculus to juniors and seniors. It's a really intense (and fun) way to start the day! Then, I spend a few periods tutoring algebra and helping other math teachers, and then I teach College Math to some of our seniors. I finish the day by coaching some of the other math teachers or having meetings with colleagues, students, or school supervisors.

What do you like about East-West? It is great to be part of a team of teachers and staff members that is so hardworking. I feel that together, we make huge differences in the lives of our students. Of course, teaching my students is the highlight of my time here. East-West students are diverse and talented. They make my job fun.

If you had to pick a pillar that best represents you, which one would it be? Curiosity. I absolutely love learning and I am obsessed with finding out the answers to challenging math problems. I also enjoy getting to know people, so my curiosity is what helps me get to know my students and colleagues.

What do you do when you're not working? My schedule is pretty intense. Some days, I go to graduate school after work. I am working towards a PhD in mathematics and education. Studying and homework takes up a lot of my time, but I love being in school. Other days, I am teaching an advanced geometry course at Queens College or attending a meeting for my fellowship at Math for America in New York City. If I have free time, I enjoy spending it with my family and close friends. I love Broadway musicals, cool restaurants, concerts, and just hanging out.

How can parents help their children to do better at East– West? Ask your child to summarize what he/she learned each day in each class, and show you any handouts/ projects/ assignments that he/she is working on. This will not only re-engage children in the material they're studying in school, but will also help them to stay organized as well as provide you with insight as to where they may be struggling.

Have a Wonderful Weekend!!!

Ms. Schnall

Parent Coordinator

家長協調員 新聞

榮譽, 卓越, 好奇心, 慶典

2017年3月24日



需要知道的:

- **今年的調查時間來了!!** 每年, 所有的家長, 老師和6-12年級的學生進行紐約學校調查。這調查幫助學校領導者了解學校社區的各成員對每所學校的學習環境的看法。2016-2017紐約市學校調查配合教育部[DOE's Framework for Great Schools](#) 並收集關於提高學生學習能力的重要資料, 並支持學校社區所有成員能討論如何使學校成為一個更好的學習地點。這是你的學校, 你的聲音是重要! 讓我們知道您愛我們學校, 或提議我們如何改進。
很簡單, 只需要交回您的調查或在網上填寫, 就收到一張抽獎卷 - 手提電腦 :)! 祝你好運



親愛的家長協調員:

東西方學校如何編排各班課程?

家長敬上!

親愛的家長:

在東西方, 我們實行包容性學習。一個教室裡有不同類型的學生在一起, 有自閉症, ESL, 特殊教育, 高水平, 低水平, 一些視力受損的學生。我們相信所有的孩子都能學習, 好像 “一個升起的潮水可以提升所有船”。



- 我們的“高校長” Ben Sherman 先生感到驕傲和悲傷，因為他要轉到Forest Hills 高中為校長。Ben Sherman 先生於2006年創辦了東西方學校，從10名教師和150名學生發展成為一個充滿活力的學校，現在共有683名學生和70名員工。謝謝Ben Sherman 先生創立給我們一個擁有美好文化的東西方學校。感謝您對我們學校的奉獻精神和堅定不移的承諾。東西方體現了我們相信的一切;榮譽，卓越，好奇心，慶祝活動。感謝您鼓勵我們，建立一個充滿成長和信任的基礎。我們為你的成功歡呼。這不是再見...是有緣再見。
- 東西方已被選為去看HAMILTON！這是1個獲得11項Tony獎的音樂劇。我們收到35張4月19日下午2點的票，除了觀賞這個節目，學生們還有機會和他們見面提出問題。學生目前正在為提供門票的組織Gilder Lehrman研究所完成一個重大項目，他們創造自己的表演片段。這些學生必須在指定日子早些來完成各個項目的。感謝Gorry女士和Marinos女士。
- 東西方學生會設了3 vs 3籃球錦標賽...學生對教師工作人員!! 歡迎所有人參加，3月28日星期三在體育室從下午2點30分至6點, 日程如下:

⇒ 2點30分至3點 - 技能比賽：上籃

⇒ 3點至3點30分- 技能比賽：罰球投籃

⇒ 3點至4點 - 技能比賽：3分投籃

⇒ 4點至5點30分 - 3對3籃球賽事

⇒ 5點30分至6點 - 職員對學生籃球比賽

祝你好運，希望看你們到來為大家打氣！

- 中學ELA英文考試將於3月28日至3月30日。請確保您的孩子休息，有健康的早餐及準時到考試會場。焦慮考試是真實的，一些跡象包括：
- 手掌汗濕的
- 感覺熱或冷
- 頭痛
- 噁心
- 感覺微弱
- 不能入睡
- 頻頻流淚或過度哭泣
- 憤怒和/或無奈的感覺
- 容易發怒

變得容易沮喪

這些提示將幫助他們克服這些焦慮

- 在家裡計劃一個日程，幫助孩子在正常的上學日子以及考試週期間得到休息。
- 與你的孩子交談，鼓勵他們盡全力。
- 做好考試 準備- 避免擠壓 - 幫助您的孩子培養良好的學習習慣和良好的考試技巧。

- 中學會考SAT將於4月5日在東西方學校舉行，為了為學生提供最好的考試環境，9年級和12年級學生將於4月5日不用上學。11年級學生參加SAT考試，10年級學生也將參加PSAT模擬考試。所有東西方學生都將參加免費SAT預修課程，該計劃將在星期一至星期四的2點20分至3點20分在404A室舉行，將由我們的大學諮詢總監Nathan Lockett先生負責輔導。如要參加請跟輔導老師Lockett先生註冊。
- 這個夏天是你孩子參加城市的夏季學習的機會。有興趣參加的學生可以：
- 大學程度和STEM的程序設計新課程
- 體育活動
- 博物館，動物園，公園和圖書館的教育訪問

這些課程不只是樂趣，而且他們教導學生的學術和生活技能，這將有助於他們在下一個學年能成功。城市的夏天指南：

http://schools.nyc.gov/NR/ronlyres/65721B9B-E6AF-442D-A962-0EC08866DB0C/0/SITC2017FamilyGuidetoSummerEnrichment_English.pdf

http://schools.nyc.gov/NR/ronlyres/3A86156B-E502-4F16-941C-1652B1114CB0/0/SITC2017FamilyGuidetoSummerEnrichment_Chinese.pdf

http://schools.nyc.gov/NR/ronlyres/12FEA46D-4DC9-45AD-A4D0-C559304F1383/0/SITC2017FamilyGuidetoSummerEnrichment_Spanish.pdf

今年夏天，學生可以申請有趣的科學和STEM課程！Pre-K到12年級的學生現在可以申請參加，今年夏天在紐約市教育局環境研究中心和紐約空間科學教育中心，布朗克斯動物園，中央公園動物園，無畏海，空氣紐約水族館，展望公園動物園，皇后植物園，皇后縣農場博物館，皇后動物園，史坦頓島博物館，史坦頓島動物園和SUNY老韋斯特伯里。課程包括1週營，高中實習和4周大學課程。申請截止日期為四月二十八日（星期五），請閱：<https://custom.cvent.com/C3F9BAB6DD424A9FB19D310FDED592AF/files/623602f1e5414d02a16c7ef7a02f9aff.pdf>

- 以下是東西方學校的重要日程：
- 3 / 28—職員對學生籃球賽
- 4 / 5—SAT 中學會考/ PSAT模擬考試
- 4 / 4-4 / 15—中國之旅
- 4/25—學生會捐血日
- 4 / 26 — 女孩聊天會主持 - 學校舞蹈日 “春天”
- 4 / 28— 9-11年級學生訪問大學
- 5/11—春節

東西方教職員的一天生活...

你叫什麼名字？ Mara Markinson – 數學老師

對你來說一個典型的學校一天是怎樣？ 我每天教授11年級及12年級學生的AP計算課程。這是一個真正激烈（和樂趣）的方式開始一天！然後，我花了幾個時間輔導代數和幫助其他數學老師，然後我向一些12年級學生教授大學數學。我通過教導其他數學老師或與同事，學生或學校主管會面，一天就完成了。

你喜歡東西方的什麼？ 高興成為一個非常勤奮的老師和工作人員隊伍的一員，我們提高學生的生活。當然，在這裡教我的學生是我快樂的時間。東西方學生多才多藝。他們讓我的工作成為很有趣。

如果你必須選擇一個最能代表你的支柱，那它是什麼？ 是好奇心。我絕對喜歡學習，我很著迷於找出具有挑戰性的數學問題的答案。我也喜歡認識新朋友，所以我的好奇心是幫助我了解我的學生和同事。

當你不工作時，你做什麼？ 我的日程安排相當緊密，有些日子，我下班後去研究生院。我正在攻讀數學和教育博士學位。我花很多時間學習和做作業，但我喜歡上學。其他日子，我在皇后學院教授幾何課程，或者參加紐約市美國數學獎學金會議。如果我有空閒時間，我喜歡和我的家人和好朋友一起度過。我喜歡百老匯音樂劇，出色的餐廳，音樂會，或只是閒逛。

家長如何幫助孩子在東西方學校做得更好？ 請你的孩子總結每天在課堂上學到的東西，並給您看他們的講義/項目/作業。這樣做不僅可以讓孩子們重新吸引他們在學校學習的材料，還可以幫助他們組織，並了解他們需要什麼幫助。

祝您有一個愉快的週末

Schnall 女士

家長協調員